

## 16. Recovery-Required

1. Does the state support recovery through any of the following:

- a) Training/education on recovery principles and recovery-oriented practice and systems, including the role of peers in care?  Yes  No
- b) Required peer accreditation or certification?  Yes  No
- c) Block grant funding of recovery support services.  Yes  No

### **d) Involvement of persons in recovery/peers/family members in planning, implementation, or evaluation of the impact of the state's M/SUD system?**

Within SABG funding resources, the Peer Support Program Manager will establish efforts to plan and implement recovery support services to supplement substance abuse treatment services within at CGC's Recovery Clinic.

2. Does the state measure the impact of your consumer and recovery community outreach activity?  Yes  No

### **3. Provide a description of recovery and recovery support services for adults with SMI and children with SED in your state.**

The Peer Support Services Coordinator currently oversees recovery community events and activities and connects current and exiting clients to the community from brief treatment and brief intervention treatment services. Plans for the expansion of Behavioral Health Services, upon availability of grant funding, include utilizing resources to provide stipend and/or incentives to recovery individuals, recovery coaches, who assist individuals involved with Mental and Substance Use Disorder services towards the treatment and recovery process.

Currently, CGC in collaboration with Substance Abuse Prevention and Recovery Coalition and the CNMI Mental Health Advisory Council are working to identify and pursue supplemental grant funding resources to support and help strengthen and expand recovery organizations, Recovery Community, Recovery-Oriented Services through submission of discretionary grant funding applications.

The CGC have not identified plans to address housing needs of persons served so that they are not served in settings more restrictive than necessary. Currently, limited housing is available for Individuals with Mental/and or Substance Abuse Use Disorders (Co-Occurring Disorders) at locally-owned and run apartment complex. This housing resource has been utilized by individuals who have transitioned out of the hospital psychiatric ward, by individuals eligible to receive SSI, and those who are living with SMI and co-occurring Substance Use Disorder.

### **4. Provide a description of recovery and recovery support services for individuals with substance use disorders in your state.**

Currently, CGC provides access for Recovery Support Meetings (12 Step Recovery Meetings) to be held during agency hours of operations. Presently, two recovery support meetings are being facilitated by Recovering Peers/Recovering Individuals. The Recovery Community is active through the Substance Abuse Prevention and Recovery Coalition to support Mental and Substance Use Disorder treatment and Prevention community awareness and education events. (I.e. Mental Health Awareness, National Prevention Week, Behavioral Health Awareness Month). Within FY2018-2019, Islas Aramas was established as a Peer led non-profit organization focused on increasing Peer Support, Recovery Coaching

within the CNMI. Guam's Tohge another peer led organization have been with technical and training support to equip the CNMI with needed information, training and planning.

Through the Substance Abuse Prevention and Recovery Coalitions and the CNMI Mental Health Advisory Council, individuals and family members and SAPARC members are presented with opportunities to proactively engage with behavioral health service delivery system community events.

Individuals who are involved with Mental and Substance Use Disorder Prevention, Treatment and Recovery services are highly encouraged to their healthy family and recovery support when drafting treatment, recovery plans, and transitioning to assistance with the implementation and support that treatment and recovery plans are completed accordingly.

Utilizing MHBG funding resources, CGC coordinates CNMI Mental Health Advisory Council meetings. The Substance Abuse Prevention and Recovery Coalition receive funding resources receiving State Government general funding decided upon by the legislature. Behavioral Health Service system issues may be discussed in this stated capacity to request feedback from the community members.

CGC has yet to identify plans to address housing needs of persons served so that they are more appropriately incorporated into a supportive community. Currently, Family members, and extended families are encouraged to participate with the assistance of ensuring adequate recovery environment for individuals who have Mental and/or Substance Use Disorders. Upon reaching Clinical capacity for Substance Abuse Treatment Program services, CGC will work towards identifying program expansion to include coordinating efforts to address housing needs for persons served in Mental and/or Substance Use Disorder treatment services provided at CGC.

CGC partners with government and non-government organizations like the Office of Vocational Rehabilitation to assist individuals, consumers, and families who are in need to access support services to increase employment training. CGC maintains partnership with the Northern Marianas College and the Northern Marianas Trade Institute to ensure that individuals are referred to education support services to ensure that education needs are met and or addressed.

As the CGC strives to build local capacity at various levels of care, it is crucial for CGC to establish a solid peer support program. As such, the CGC requires access to technical assistance towards obtaining access towards the completion of Recovery Coach Training of Trainers.

**Please indicate areas of technical assistance needed related to this section.**

The Commonwealth Healthcare Corporation, Community Guidance Center welcomes technical assistance related to Recovery. There will be requested assistance or technical assistance to helping the State support Peer ran Recovery Community Organizations e.g. sub-granting, MOU, leveraging of resources.