

4. Evidence-Based Practices for Early Interventions to Address Early Serious Mental Illness (ESMI) 10 Percent set aside - Required MHBG

The Community Guidance Center (CGC) will maintain the Psycho-Education group first implemented FY 2016 geared towards Family Education, which will help families and the community better identify

First Episode Psychosis symptoms in their family or community members leading to earlier treatment of the client. This group will be based on the OnTrackNY training that was conducted in Hawaii in March 2014.

**How does the state promote the use of evidence-based practices for individuals with ESMI and provide comprehensive individualized treatment or integrated mental and physical health services?**

The CGC within the Transitional Living Center provides evidence-based practices and direct services for individuals with ESMI to include a comprehensive individualized treatment plan contingent to program and clinical capacity.

**Please provide an updated description of the state's chosen EBPs for the 10 percent set-aside for ESMI.**

The Community Guidance Center (CGC) will continue to facilitate a Psycho-Education group in FY 2018 geared towards Family Education, which will help families and the community better identify First Episode Psychosis symptoms in their family or community members leading to earlier treatment of the client. Although limited, the Transitional Living Center will ensure that the 10 percent set-aside for ESMI is used through program facilitation and direct services.

**Please describe the planned activities for FY 2020 and FFY 2021 for your state's ESMI programs including psychosis?**

The Transitional Living Center under CGC will continue to maintain psycho-education group services to help consumers and families who are considered to be living with ESMI.

**Please explain the state's provision for collecting and reporting data, demonstrating the impact of the 10 percent set-aside for ESMI.**

- Community Guidance Center will work towards implementing additional groups that will help in First Episode Psychosis.
- Surveys will be used to gather baseline data.
- Data will be reported by CGC support staff involving survey of group or Event, demographics, etc.
- Surveys will be used to gather baseline data.

**Please list the diagnostic categories identified for your state's ESMI programs**

Primary Focus Diagnosis: Non-affective Psychotic Disorder

Secondary Focus: Affective Psychotic Disorder

**Please indicate area of technical assistance needed related to this section.**

The Commonwealth Healthcare Corporation, Community Guidance Center welcomes technical assistance related to Evidence-Based Practices for Early Interventions to Address Early Serious Mental Illness.

Footnote:

Although the CNMI TLC Program has not implemented a formal evidence based practice for individuals living with Early Serious Mental Illness, the TLC Program has coordinated First Episode Psychosis Training Workshops. Most previous workshop was facilitated June 13, 2019. Consumers were identified with coordination between CGC TLC Day Program, Commonwealth Health Center Psychiatry Dept and other CGC Programs.